

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 SYCAMORE GLEN Kettering Health Senior Living			GR = Game Rm 2nd Fl A = Auditorium LIB = Library CR = Conference Room L = Lobby DR = Dining Room Emotional Entertainment Intellectual Physical Social Spiritual	9:30 Chair Exercise (A) 9:30 Walmart* (L) 10:00 Euchre (LIB) 10:00 History Club: Oktoberfest (A) 3:30 BINGO (Time change) (A) 1	9:30 Chair Exercise (A) 10:00 Coffee & Chat (A) 10:00 Euchre (LIB) 10:30 Kings-in-a-Corner (A) 1:15 Euchre (LIB) 2:00 Movie & Popcorn (A) 6:00 Friday BINGO (A) 2	10:00 Euchre (LIB) 10:00 Puzzle Pick Up (GR) 1:15 Euchre (LIB) 1:30 Free Style Art- Self led (GR) 3:00 SDA Saturday Church (A) 6:15 Reel Night at the Movies: A League of Their Own (A) 3
9:30 Catholic Communion (GR) 1:00 Puzzle Pick Up (LIB) 1:30 Card Games (LIB) 6:00 BINGO w/Dale (A) 4	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:00 Quiddler card game (A) 10:30 Little Exchange Store (GF) 11:00 Gift Shop (GF) 2:00 BINGO (A) 3:30 Cooking with Kim: Pumpkin cheesecake (GR) 5	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:30 Ladies' Bible Study (A) 1:15 Euchre (LIB) 2:00 Beginner Knitting Class (GR) 3:30 Wheel of Fortune game (GR) 6:00 BINGO w/Dale (A) 6	9:30 Chair Exercise (A) 10:00 Brain Games (A) 10:00 Euchre (LIB) 1:00 Silent Prayer (GR) 1:15 Euchre (LIB) 1:30 Catholic Mass (GR) 1:30 Village Meeting (A) 2:30 Pumpkin painting (GR) 3:30 "Man on the Inside" (A) 6:00 Bible Study (A) 7	9:30 Chair Exercise (A) 9:30 Kroger* (L) 10:00 Euchre (LIB) 1:20 Spring Valley Students Concert (A) 2:00 BINGO (A) 3:30 Manicures w/mini makeup session (GR) 8	10:00 Euchre (LIB) 10:00 Young's Dairy Farm* (L) 1:15 Euchre (LIB) 2:00 Movie & Popcorn (A) 6:00 Friday BINGO (A) 9	10:00 Euchre (LIB) 10:00 Puzzle Pick Up (GR) 1:15 Euchre (LIB) 1:30 Free Style Art- Self led (GR) 3:00 SDA Saturday Church (A) 6:15 Reel Night at the Movies (A) 10
9:30 Catholic Communion (GR) 1:00 Puzzle Pick Up (LIB) 1:30 Card Games (LIB) 3:00 Eternal Hope Church (A) 6:00 BINGO w/Dale (A) 11	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:00 LCR game (A) 10:30 Little Exchange Store (GF) 11:00 Gift Shop (GF) 1:30 Beginner Handbell Class! 3:00 Edde Osborne Concert (A) 12	All Day Breast Cancer Awareness WEAR PINK! 9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:30 Ladies' Bible Study (A) 1:15 Euchre (LIB) 2:00 Taste Testing: Fluff Salads (DR) 3:00 Drum Fit (A) 6:00 BINGO w/Dale (A) 13	10:00 Plaza Meeting (A) 1:15 Euchre (LIB) 2:00 Wild Hearts Wildlife Program (A) 3:30 Cheesecloth Ghost Craft (GR) 6:00 Bible Study (A) 14	9:30 Chair Exercise (A) 9:30 Kroger* (L) 9:30 Village Council Meeting (CR) 10:00 Christian Fellowship & Hymns (A) 10:00 Euchre (LIB) 2:00 BINGO (A) 3:30 Clare's Tech Corner: The Impact of GenAI (A) 15	9:30 Chair Exercise (A) 10:00 Coffee & Chat (A) 10:00 Euchre (LIB) 10:30 Kings-in-a-Corner (A) 1:15 Euchre (LIB) 2:00 Movie & Popcorn (A) 6:00 Friday BINGO (A) 16	10:00 Euchre (LIB) 10:00 Puzzle Pick Up (GR) 1:15 Euchre (LIB) 1:30 Free Style Art- Self led (GR) 3:00 SDA Saturday Church (A) 6:15 Reel Night at the Movies (A) 17
9:30 Catholic Communion (GR) 1:00 Puzzle Pick Up (LIB) 1:30 Card Games (LIB) 6:00 BINGO w/Dale (A) 18	9:30 3Wheel Therapy Bike Ride (L) 10:00 Euchre (LIB) 10:30 Little Exchange Store (GF) 11:00 Gift Shop (GF) 2:00 BINGO (A) 3:30 Cooking with JIM! (GR) 19	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:30 Ladies' Bible Study (A) 1:15 Euchre (LIB) 2:00 Trivia Challenge Game (GR) 3:00 Birthday Concert w/David Mullikin (A) 6:00 BINGO w/Dale (A) 20	9:30 Chair Exercise (A) 10:00 Brain Games (A) 10:00 Euchre (LIB) 1:15 Euchre (LIB) 2:00 "Dayton's First Families of Pizza" w/snacks (A) 3:00 Paper Crafting w/Verna (A) 6:00 Bible Study (A) 21	9:30 Chair Exercise (A) 9:30 Kroger* (L) 10:00 Euchre (LIB) 10:00 Reader's Theater (A) 2:00 BINGO (A) 3:00 Manicures (GR) 22	9:30 Chair Exercise (A) 10:00 Coffee & Chat (A) 10:00 Euchre (LIB) 10:30 Kings-in-a-Corner (A) 1:15 Euchre (LIB) 2:00 Movie & Popcorn (A) 6:00 Friday BINGO (A) 23	10:00 Euchre (LIB) 10:00 Puzzle Pick Up (GR) 1:15 Euchre (LIB) 1:30 Free Style Art- Self led (GR) 3:00 SDA Saturday Church (A) 6:15 Reel Night at the Movies (A) 24
9:30 Catholic Communion (GR) 1:00 Puzzle Pick Up (LIB) 1:30 Card Games (LIB) 6:00 BINGO w/Dale (A) 25	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:30 Little Exchange Store (GF) 11:00 Chuy's Mexican Food* (L) 11:00 Gift Shop (GF) 2:00 BINGO (A) 3:30 "Man on the Inside" (A) 26	9:30 Chair Exercise (A) 10:00 Euchre (LIB) 10:30 Ladies' Bible Study (A) 1:15 Euchre (LIB) 2:00 Travel Club: Japan (A) 3:00 Drum Fit (A) 6:00 BINGO w/Dale (A) 27	9:30 Chair Exercise (A) 10:00 Brain Games: Halloween edition! (A) 10:00 Euchre (LIB) 1:15 Euchre (LIB) 1:30 Book Club (GR) 3:00 Celebration of Life (A) 6:00 Bible Study (A) 28	9:30 Chair Exercise (A) 9:30 Kroger* (L) 10:00 Euchre (LIB) 10:00 History Club: Salem Witch Trials (A) 2:00 BINGO (A) 6:00 Trick or Treat Party! (L) 29	9:30 Chair Exercise (A) 10:00 Coffee & Chat (A) 10:00 Euchre (LIB) 10:30 Sing Along w/Sandy (A) 1:00 Halloween Costume Contest!! (L) 1:15 Euchre (LIB) 2:00 Movie & Popcorn (A) 6:00 Friday BINGO (A) 30	Halloween 10:00 Euchre (LIB) 10:00 Puzzle Pick Up (GR) 1:15 Euchre (LIB) 1:30 Free Style Art- Self led (GR) 3:00 SDA Saturday Church (A) 6:15 Reel Night at the Movies (A) 31